

B-ENERGIZED™ B-12 COMPLEX

Our new B-12 Complex formula **B-Energized** is a perfect add-on to any diet, or as a great everyday supplement for general wellness. B-complex vitamins are well known for their use to help improve energy and are often integral to the healthy functioning of the metabolism and other bodily functions. Our B12-Complex has the potential to be paired successfully with any diet product, and also generate repeat sales when used for overall wellness.

This vitamin B-12 Complex is useful in increasing energy and raising the metabolism. B vitamins help the body convert food (carbohydrates) into fuel (glucose), which is "burned" to produce energy. These B vitamins, often referred to as B complex vitamins, also help the body metabolize fats and protein.

More research findings continue to emphasize the importance of Vitamin B12. The primary effect of B12 deficiency is anemia, but B12 deficiency causes several other problems including fatigue, lethargy, weakness, memory loss and neurological and psychiatric problems. Because natural food sources of Vitamin B12 are limited to animal foods, vegetarians and vegans have a greater risk of being vitamin B12 deficient. The good news about B12 is it is safe to take and there is no Upper Safety limit.



B-Energized B-12 Complex is created from the following highest bioavailable sources along with the additional supplements needed to maximize its effectiveness.

- Our **Methyl B-12** is derived from methylcobalamin and has a much higher bioavailability than the form most widely available in supplements, cyanocobalamin.
- The **B-6 we use** is derived from **Pyridoxal 5 Phosphate (P-5-P)** and is 5 times more absorbable than other B-6's. B-6 is required for proper absorption of vitamin B-12.
- **Vitamin E** is added to maximize the effectiveness of B-12. Conversion of B-12 into its biological active form requires vitamin E.
- **Zinc** supports the production of hydrochloric acid and intrinsic factor in the stomach, both of which are needed to convert some of the B-12 from food sources.
- **Magnesium** supports the balance and synthesis of B-6 while providing its own benefits being involved in energy metabolism and protein synthesis.
- **B2 Riboflavin** plays an important role in the metabolism of fats, carbohydrates and proteins.
- **B3 Niacin** is known to help produce hormones that are beneficial to the body. Niacin helps to improve circulation and reduce cholesterol and is important to the health of the nervous system, digestive system, skin, eyes and hair.
- **B5 Pantothenic Acid** is necessary to the synthesis of Coenzyme-A (CoA), and also helps metabolize fats, carbohydrates and proteins. CoA is an important component of the metabolism as it acts to transport fatty acids to cells that can use them for energy. In its acetyl-CoA form, it also helps maintain balance between carbohydrate and fat metabolism.
- **B9 Folic Acid** is an essential B vitamin, especially during pregnancy and childhood as it helps in cell division. Folic Acid also works in conjunction with B12 and Vitamin C to help metabolize protein.

Add **B-Energized** B12 Complex to your diet plans and for overall wellness and health. Increase the chances of success on your diet and improve your long term health well after.

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Dosage

Adults and children 18 years and older: take 1mL or 1 dropper full once a day. Place drops under the tongue and allow up to 1 minute to absorb. Do not eat or drink for 10 to 15 minutes before and after taking drops.
Under 18 years: Consult with your healthcare professional.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.